

PCF-LA MIDWEEK PRAYER MEETING  
TEACHING NOTES

*Wed. Sep. 23, 2026*

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# **STANDING IN EVIL DAYS THROUGH PRAYER**

Ephesians 6:10–18 (KJV)

## Ephesians 6:10-18

Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armor of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armor of God, that ye may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; and your feet shod with the preparation of the gospel of peace; above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the helmet of salvation, and the sword of the Spirit, which is the word of God: praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints

# INTRODUCTION

- **These Are Evil Days**
- Days of confusion
- Days of compromise
- Days of spiritual warfare
- Days of pressure **But God calls us to stand — through prayer.**

## **We Stand in Evil Days Through Prayer**

Ephesians 6:18 —

*Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;"*

# POINT 1 — PRAYER IS THE SOURCE OF OUR STRENGTH

**Ephesians 6:10 (KJV)** *“Be strong in the Lord, and in the power of his might.”*

You cannot stand in evil days with human strength.

You cannot stand with willpower.

You cannot stand with personality.

You cannot stand with talent.

You stand by **His might** — and

His might is accessed through **prayer**.

# POINT 1 — PRAYER IS THE SOURCE OF OUR STRENGTH

**Prayer strengthens the inner man**

Prayer renews courage

Prayer restores peace

Prayer stabilizes the mind

Prayer revives the spirit

# POINT 1 — PRAYER IS THE SOURCE OF OUR STRENGTH

**Prayer transfers divine strength into human weakness**

When we pray,  
God strengthens what is weak,  
lifts what is heavy,  
and empowers what is weary.

**Without prayer, we collapse.**

**With prayer, we stand.**

# POINT 2 — PRAYER ACTIVATES THE ARMOR OF GOD

**Ephesians 6:11-18**

<sup>11</sup> Put on the whole armor of God, that ye may be able to stand against the wiles of the devil.

<sup>12</sup> For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

<sup>13</sup> Wherefore take unto you the whole armor of God, that ye may be able to withstand in the evil day, and having done all, to stand.

<sup>14</sup> Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;

## POINT 2 — PRAYER ACTIVATES THE ARMOR OF GOD

<sup>15</sup> And your feet shod with the preparation of the gospel of peace;

<sup>16</sup> Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

<sup>17</sup> And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

<sup>18</sup> Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

# POINT 2 — PRAYER ACTIVATES THE ARMOR OF GOD

## **Prayer Makes the Armor Effective**

Truth becomes clarity

Righteousness becomes protection

Gospel peace becomes stability

Faith becomes a shield

The Word becomes a sword

Salvation becomes assurance

# POINT 2 — PRAYER ACTIVATES THE ARMOR OF GOD

**The armor is empowered by prayer.**

## Point 3-PRAYER KEEPS US AWAKE

PRAYER KEEPS US SPIRITUALLY AWAKE  
IN EVIL DAYS

*Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak."* — **Matthew 26:41**

# Point 3-PRAYER KEEPS US AWAKE

## **Without Prayer, we Drift**

Into compromise

Into fear

Into distraction

Into temptation

## Point 3-PRAYER KEEPS US AWAKE

**With Prayer, We Stay Awake**

**We** see the enemy's schemes

**We** sense the Spirit's leading

**We** hear God's voice

**We** stay ready for battle

## Point 3-PRAYER KEEPS US AWAKE

**Prayer is spiritual wakefulness.**

**Prayer is vigilance.**

**Prayer is watchfulness.**

# POINT 4 — PRAYER GIVES ENDURANCE

Prayer Gives Us Power to Endure Evil Days

# POINT 4 — PRAYER GIVES ENDURANCE

## **Prayer Gives Endurance**

**“ Endure hardness , as a good soldier**

Strength to endure hardship

Patience to endure delays

Courage to endure opposition

Hope to endure suffering

# POINT 4 — PRAYER GIVES ENDURANCE

**Prayer is the endurance of the saints**

# POINT 5— PRAYER HELPS US STAND UNTIL THE END

## **Prayer Is How We Stand Until the End**

Ephesians 6 repeats the word **stand**:

*“Stand against the wiles of the devil.” v11*

*“Withstand in the evil day.”v13*

*“Having done all, to stand.”v14*

# POINT 5— PRAYER HELPS US STAND UNTIL THE END

How do we stand?

**We stand by prayer.**

**Prayer is how we stand when others fall.**

**Prayer is how we stand when culture shifts.**

**Prayer is how we stand when the enemy attacks.**

**Prayer is how we stand when our heart is heavy.**

**Prayer is how we stand when the days are evil.**

# POINT 5— PRAYER HELPS US STAND UNTIL THE END

Prayer is not just communication —

Prayer is **stability**.

Prayer is **strength**.

Prayer is **standing power**.

# Conclusion

Brethren, these are evil days.

But they are not stronger than our God.

Stand.

Stand in prayer.

Stand with prayer.

Stand through prayer.

And having done all — **stand**.

Let prayer be our strength.

Let prayer be our armor.

Let prayer be our endurance.

Let prayer be our stand.

**PRAYER POINTS 9.23.26**

# 1. LIFE

**Key Bible Passage:** “For you created my inmost being; you knit me together in my mother’s womb. I praise you because I am fearfully and wonderfully made; your works are wonderful; I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.” (Psalm 139:13-16)

# 1. LIFE

**Key Prayer:** Lord, You created my inmost being. You knew and loved me and my neighbors before we were born. You give us intrinsic dignity. **Please open my heart to how I might stand for the sanctity of life.**

## 2. Religious Freedom

**Key Bible Passage:** “Paul entered the synagogue and spoke boldly there for three months, arguing persuasively about the kingdom of God.” (Acts 19:8)

**Key Prayer:** Lord, America needs You now. Many are turning away from You, and they are trying to stop others from honoring You. **May we return to our roots of religious freedom and choose to follow after You**

### 3. Environment

**Key Bible Passage:** “The Lord God took the man and put him in the Garden of Eden to work it and take care of it.” (Genesis 2:15)

**Key Prayer:** Lord, You created this planet as a VERY GOOD home for us. More than that, You tasked us with working and taking care of it. **Please give me wisdom to pursue that mission wisely and effectively.**

## 4. Marriage & Sexuality

- **Key Bible Passage:** “Haven’t you read,’ he replied, ‘that at the beginning the Creator ‘made them male and female,’ and said, ‘For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh’? So, they are no longer two, but one flesh. Therefore, what God has joined together, let no one separate.’” (Matthew 19:4-6)
- **Key Prayer:** Lord, I know You created sex and gender. You instituted holy marriage. O Lord, those basic principles You created are under attack in our land. **Please turn hearts in our land to truth.**

## 5. Health Care

**Key Bible Passage:** “Carry each other’s burdens, and in this way, you will fulfill the law of Christ.” (Galatians 6:2)

**Key Prayer:** Lord, health care is a confusing topic, but it is high on the minds of so many in our country. Please open my heart and the hearts of those in my community. Please give us — especially our leaders — wisdom. **May we honor You by how we care for these bodies You gave us and by how we care for one another.**

## 6. Economy

**Key Bible Passage:** “Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.” (Ephesians 4:28)

**Key Prayer:** Lord, the economy is often on our minds. **Help us to follow sound principles that will allow us to honor You with freedom and generosity as we seek the flourishing of all in our society.**

## 7. Racism

**Key Bible Passage:** “There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus. If you belong to Christ, then you are Abraham’s seed, and heirs according to the promise.” (Galatians 3:28-29)

**Key Prayer:** Lord, I am so thankful You love me and every single one of my neighbors so much that You would die to save us. **Please open my heart to see people as You see them and to love them as You love them. May my community find healing from racism.**

## 8. Immigration

**Key Bible Passage:** “Do not forget to show hospitality to strangers, for by so doing some people have shown hospitality to angels without knowing it.” (Hebrews 13:2)

**Key Prayer:** Lord, I want to promote Your love and justice in the realm of immigration. **Please open my heart to how I might do that as part of the Church and as a voter influencing our government.**

## 9. Education

**Key Bible Passage:** “Only be careful and watch yourselves closely so that you do not forget the things your eyes have seen or let them fade from your heart as long as you live. Teach them to your children and to their children after them.” (Deuteronomy 4:9)

**Key Prayer:** Lord, may we never forget the truths You have taught us and the lessons about this universe You continue to allow us to learn as we explore Your creation. **May we pass on truth to our children so that they may know You more and more fully.**

## 10. Israel

**Key Bible Passage:** “Pray for the peace of Jerusalem: ‘May those who love you be secure. May there be peace within your walls and security within your citadels.’ For the sake of my family and friends, I will say, ‘Peace be within you.’ For the sake of the house of the Lord our God, I will seek your prosperity.” (Psalm 122:6-9)

**Key Prayer:** Lord, I pray for the peace of Jerusalem. **O Lord, please preserve and bless the special relationship between the United States and Israel.**

# 11. Gun Ownership

**Key Bible Passage:** “Therefore I stationed some of the people behind the lowest points of the wall at the exposed places, posting them by families, with their swords, spears and bows. After I looked things over, I stood up and said to the nobles, the officials and the rest of the people, ‘Don’t be afraid of them. Remember the Lord, who is great and awesome, and fight for your families, your sons and your daughters, your wives and your homes.’” (Nehemiah 4:13-14)

# 11. Gun Ownership

**Key Prayer:** Lord, I thank You that I live in this land of liberty. Gun violence is so shocking and evil. **Please open my eyes to how I might stand for liberty and work with all my neighbors to promote moral and responsible use of firearms.**

## 12. National Security

**Key Bible Passage:** “For the one in authority is God’s servant for your good. But if you do wrong, be afraid, for rulers do not bear the sword for no reason. They are God’s servants, agents of wrath to bring punishment on the wrongdoer.” (Romans 13:4)

**Key Prayer:** Lord, America needs You to defend us. **Please give our national leaders wisdom to uphold righteousness and justice as they provide for the common defense of this land.**

## 13. Free Speech

**Key Bible Passage:** “Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.” (Ephesians 4:15)

**Key Prayer:** Lord, thank You that this nation was built on a foundation of faith and freedom. We believe that as all are given the opportunity to speak and listen freely, Your truth will become evident, and You will draw all Your children closer to You. **May a culture that celebrates freedom of speech return to this land**